

## **Dilemmas with Passive Euthanasia**

### **What is the issue?**

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- Supreme Court of India has upheld the fundamental right to die without suffering.

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- Medical fraternity has few practical dilemmas in applying passive euthanasia.

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### **What is Euthanasia?**

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- Euthanasia is a painless killing of a patient suffering from an incurable and painful disease or in an irreversible coma, it is also known as Mercy killing or assisted suicide.

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- There are two different types of euthanasia which are passive and active euthanasia.

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- In active euthanasia, medical professionals, or a relevant authority, deliberately act upon a patient's desire (such as giving an injection or medication) to cause the patient to die.

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- In passive euthanasia, the patient dies because the mechanism that keeps the patient alive is removed (life-support machines, feeding tube, a life-extending operation, and drugs).

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### **What is the decision of the SC on passive euthanasia?**

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- Supreme Court recently upheld that the fundamental right to a “meaningful existence” which includes a person’s choice to die without suffering.

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- It has permitted a ‘living will’ by patients, authorising the withdrawal of medical support if they slip into medically irretrievable conditions such as irreversible coma.

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- This judgement made passive euthanasia legal, and is favourable to patients who will now be able to avoid needless medical interventions.

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- The decision will also save a lot of money and agony for patients and their families, and prevent unnecessary treatments for the terminally ill.

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### **What are the practical dilemmas with the living wills?**

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- Morally and ethically, both euthanasia processes are difficult for doctors as no doctor likes to have a patient die under his/her care.

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- Even in the presence of a living will, and when one is honour-bound to respect the patient’s wishes, there are many questions and doubts.

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- For instance, the patient may have been coerced to write the will, sometimes a living will written at a certain juncture of a person’s life may not be applicable after a period of time when circumstances may have changed.

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- Without a fool proof system, doctors cannot give up on a patient, however desperate the circumstances.

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- Even with the legalisation of euthanasia, the “choice” to die may sometimes not be the final prerogative of the patient.

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- If the patient is too ill to decide on the will to live, then decision-makers possibly will be the medical team and the patients’ relatives, not the

patient.

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## **What measures needs to be taken to resolve the dilemmas?**

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- **Palliative care** - Control over the manner and timing of a person's death has not been and should not be a goal of medicine.

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- India needs improved access to high-quality healthcare for the terminally ill so that they go in peace, whenever they do.

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- This is referred to as palliative care right from the time an illness is diagnosed till the end of life.

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- **Medical Attorney** - The Supreme Court decision on a living will from a patient quells misgivings from the family and there are chances of criminal action against doctors.

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- Thus a living will makes sense when coupled with a medical power of attorney and independent third party monitoring.

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- This will allow for a middle way considering all the interests like the right of the patient, the state's interest in human life, and the interest of the patient's family.

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**Source: Business Line**

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