

## **India Health Expenditure**

## Why in News?

The National Health Accounts Estimates for 2020-21 and 2021-22 was released recently by the Union Health Ministry.

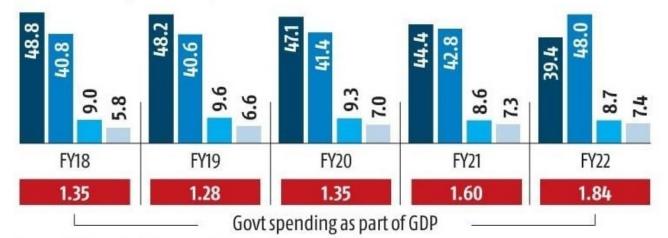
## What is the status of Health Expenditure in India?

• The total health expenditure in India has risen to 3.8 % of the GDP.

<b>Total Health Expenditure</b>	
Government Health Expenditure (GHE)	Expenditures from Union Government, State Governments, Rural and Urban Local Bodies including quasi-governmental organisations and donors in case funds are channeled through Government organisations.
Out-of-pocket expenditure (OOPE)	Expenditures directly made by households at the point of receiving health care.
Social Security Expenditure (SSE)	It includes government-funded health insurance (both Center and State) and medical reimbursement to government employees.
Private Health Insurance (PHE)	Spending through health insurance companies where households or employers pay a premium to be covered under a specific health plan.

# **HEALTH SPENDING** (as % of total health expenditure)

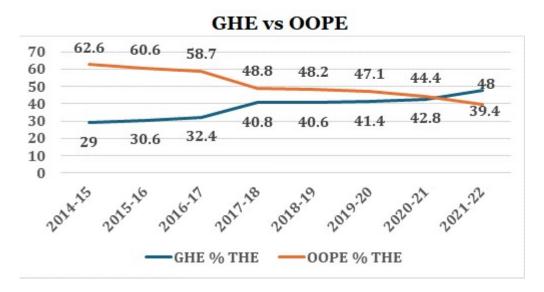
- Out of pocket expenditure
  Government health expenditure
- Social security health expenditure
  Private health insurance



Source: National Health Account 2021-22

• **Decline in OOPE** - It declined to <u>39.4 %</u> of total health expenditure (THE) in 2021-22 from 48.8 % in 2017-18.

National Health Policy aims to reduce OOPE as a proportion of total health expenditure to 35 % by financial year 2025-26 (FY26).

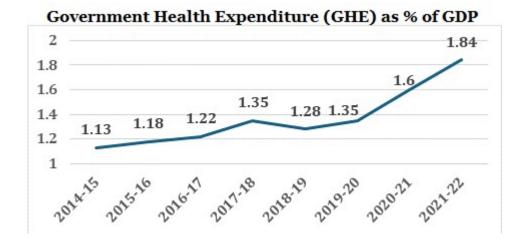


## **National Health Account**

- National Health Account provides a systematic description of the financial flows in India's health system by different sources.
- Released by Ministry of Health and Family Welfare.
- It shows how the money is spent, how healthcare is provided, and the nature of healthcare services that are used.
- The NHA estimates are based on the globally accepted framework of 'A System of Health Accounts (SHA 2011), 2011' which facilitates inter-country comparisons.
- SHA 2011 is developed by World Health Organization (WHO).

#### What are the reason for reduced OOPE?

• Increased government contribution - Government Health Expenditure (GHE) rose marginally from 1.35 % of GDP, in 2017-18 to 1.84 % in 2021-22.



National Health Policy has targeted 2.5 % of GDP for public health expenditure by 2025.

- Share of government health expenditures in total health expenditures has also shown a significant increase from 29.0 % in 2014-15 to **48.0** % in **2021-22**.
- **Increased per capita GHE** In per capita terms, GHE has tripled, from Rs. 1,108 to Rs. 3,169 between 2014-15 to 2021-22.
- Expanded private health insurance Coverage of private health insurance rised from 5.8 % in 2017-18 to 7.4 % in 2021-22.
- **Increased social security spending** The proportion of total health expenditure allocated to social health insurance programs has increased from 5.7 % in 2014-15 to **8.7** % in 2021-22.
- **Government Health Schemes** More than Rs 1 lakh crore savings have accrued from the Ayushman Bharat PMJAY.
- Free Dialysis scheme, launched in 2015-16 have benefited 25 lakh people.

#### What are the benefits of reduced OOPE?

- Universal Health Coverage decrease in OOPE is a constructive sign of realising Universal Health Coverage (UHC) as postulated in the National Health Policy, 2017.
- **Prevents financial ruin** Reduced OOP protects against Unexpected medical expenses can lead to bankruptcy or severe debt.
- **Enables savings** With lower healthcare costs, individuals can allocate more of their income towards savings or other financial goals.
- **Increases access to care** Lower costs can encourage people to seek preventive care and timely treatment, leading to better health outcomes.
- **Reduces delayed care** Reduced OOPE can encourage people to seek treatment when needed without worrying about financial constraints.
- Reduces poverty Reducing OOPE costs can help alleviate poverty and improve

overall societal well-being.

• **Increases productivity** - Reduced OOPE can contribute to a healthier workforce and a stronger economy thus improving the productivity.

### What lies ahead?

- Expand health insurance programmes to cover outpatient and preventive health services.
- Include people above the poverty line also under the social security schemes to achieve universal coverage.
- Cover the whole household irrespective of the number of members living in the household.
- Enrol urban poor e in health insurance programmes without at the earliest.

#### References

- 1. Business Standard | Out-of-pocket health spend falls
- 2. PIB | National Health Accounts

