

## National Ayush Mission (NAM)

### Why in News?

Recently, the Ministry of Ayush launched a film series titled “Ayush for All: Holistic Health Care through National Ayush Mission” on National Ayush Mission (NAM).

- **National Ayush Mission (NAM)** - It is a **Centrally Sponsored Scheme** launched in **2014** for implementing through States/UTs.
- **Aim :**
  - To strengthen Ayush healthcare services.
  - Promote preventive care through Ayushman Arogya Mandir.
  - Integrate Ayush systems into mainstream public health.
  - Development of Ayush educational institutions.

Components of NAM	
Mandatory Components	Flexible Components
<ul style="list-style-type: none"> <li>• Ayush Services</li> <li>• Ayush Health and Wellness Centres</li> <li>• Educational Institutions</li> <li>• Quality Control of Ayurveda, Siddha, Unani, and Homoeopathy (ASU&amp;H) drugs</li> <li>• Medicinal Plants</li> </ul>	<ul style="list-style-type: none"> <li>• Yoga Wellness Centre</li> <li>• Tele Medicine</li> <li>• Sports Medicine through AYUSH</li> <li>• Innovations on Mainstreaming of information regarding on-going activities</li> <li>• Reimbursement Testing Charges</li> <li>• Ayush Awareness Program</li> <li>• Reorientation Training Program</li> <li>• Naturopathy Hospital</li> </ul>

- **Funding Pattern**
  - For North Eastern States and Himalayan States of Uttarakhand, Himachal Pradesh and Union Territory of Jammu & Kashmir - Centre 90% and State 10%
  - For the rest of the States and UTs - Centre 60% and State 40%.
- **Performance-based budgeting** - In order to incentivize good performing States/UTs, performance-based budgeting has been made.
- **Achievements** - Supported for the establishment of,
  - 167 Integrated Ayush Hospitals
  - 416 upgraded Ayush Hospitals
  - 5036 dispensaries
  - 16 new Ayush educational institutions
  - 3883 Yoga Wellness Centres
  - 1055 Ayush Grams
  - 12,500 Ayushman Arogya Mandir (Ayush).

*Essential Ayush medicines were supplied to 996 hospitals and 12,405*

*dispensaries each year.*

- **Significance** - It is a significant initiative in revolutionizing healthcare delivery in distant corners of the country.
- It is bridging the gap in healthcare access, promoting a holistic wellness model and continues to transform lives.
- These initiatives are transforming public health and improving access to preventive and promotive care across the nation.

## References

1. [PIB| Film Series on National Ayush Mission \(NAM\)](#)
2. [NAM| About National Ayush Mission \(NAM\)](#)

