

Prelim Bits 17-03-2018

Mental Health Survey

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- The Government had undertaken a National Mental Health Survey through the National Institute of Mental Health and Neurosciences (NIMHANS).

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- The report was released in 2016 and some of its major findings are as follows,

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1. The prevalence of mental morbidity is high in urban metropolitan areas.
2. Nearly 1 in 40 and 1 in 20 persons suffer from past and current depression, respectively.
3. Data indicate that 0.9 % of the survey population were at high risk of suicide.
4. Mental disorders are closely linked to both causation and consequences of several non-communicable disorders (NCD).

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- To address the mental health problems, the government is implementing the National Mental Health Program (NMHP).

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National Centre for Disease Control

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- NCDC is an institute which is under the administrative control of the Director General of Health Services, Ministry of Health and Family Welfare.

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- NCDC, formerly National Institute of Communicable Diseases (NICD) had its origin as Central Malaria Bureau, established at Kasauli (Himachal Pradesh) in 1909.

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- It functions as the nodal agency in the country for disease surveillance facilitating prevention and control of communicable diseases

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- Some of the health programs under the National Centre for Disease Control are,

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1. Integrated Disease Surveillance Program (IDSP)

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2. National Program for Containment of Anti-Microbial Resistance

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3. National Viral Hepatitis Surveillance Program

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4. National Rabies control program (NRCP)

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5. Yaws Eradication Program

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6. Guinea Worm Eradication Program

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- The mandate of the Institute broadly covers three areas viz. services, trained health manpower development and research.

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Defense corridor

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- An interactive meeting with local industry was held at Tiruchirappalli as to initiate development of the Tamil Nadu Defense Corridor.

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- It is with respect to budget announcement of two Defense Corridors in Tamil Nadu and Uttar Pradesh.

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- The Tamil Nadu Defense Corridor is also called the Tamil Nadu Defense Production Quad.

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- It is called as Quad as the nodal cities Chennai, Hosur, Salem and Coimbatore, Tiruchirappalli forms the quadrilateral region.

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- These nodal cities have existing defense ecosystem in the form of OFBs, vendors working with Defense PSUs, and other allied industries.

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- The Corridor aims to bolster interaction between all industry players in order to create long-term synergy and eventual development of the area into a Defense Production powerhouse.

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Eastern Quoll

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- Eastern quolls, which were wiped out of mainland Australia decades ago, are being introduced to the remote Booderee National Park, Australia.

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- Eastern quolls is a species of small Australian marsupial.

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- The carnivorous marsupial is native to mainland Australia, New Guinea, and Tasmania.

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- This nocturnal marsupial feed on insects, small mammals, birds, and reptiles.

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- The quolls were wiped out 50 years ago in the mainland due to the human induced poisoning, habitat destruction and predatory foxes that fed these cat sized marsupials.

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World Glaucoma Week

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- During World Glaucoma Week observed between March 11 and 17, Ripon Buildings in Chennai was lit up in green to raise awareness about the eye disease.

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- Glaucoma is an irreversible condition, resulting from damaged optic nerves due to pressure in the eye.

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DON'T LET IT DARKEN YOUR LIFE

WHAT IS GLAUCOMA?

- **Glaucoma is an irreversible condition but can be managed if detected early**
- **This disorder of the eye may lead to permanent loss of vision**

WHO IS AT RISK?

- **Those aged above 40**
- **People with the family history of glaucoma**
- **Asthmatic people using steroids**
- **Those who have suffered eye injury in the past**

DON'T LET GLAUCOMA DARKEN YOUR LIFE

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- Glaucoma is the second prominent cause of blindness in the world

accounting up to 8% of total blindness.

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- In India, glaucoma is the third leading cause of irreversible blindness with nearly 12 million people affected and nearly 1.2 million people blind from the disease.

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International Criminal Court

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- Philippines is to pull out from the International Criminal Court (ICC) after it opened a crimes against humanity investigation into its President's brutal war on drugs.

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- The International Criminal Court was found by the Rome Statue.

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- The International Criminal Court (ICC) investigates and tries individuals charged with genocide, war crimes, crimes against humanity and the crime of aggression.

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- India is a non signatory of the Rome statue and thereby a non member of ICC.

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- Click [here](#) to know more about ICC

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Map of the Day

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Europe Physical features

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- Europe is often called a "peninsula of peninsulas".
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- Pyrenees Mountains form the natural border between France & Spain.
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- Ural Mountains is considered the natural boundary between European and Asian parts of Russia
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- Caucasus Mountains act as a natural barrier separating Eastern Europe from Western Asia.
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- Massif Central, upland area in France with mountains and plateaus of volcanic origin.
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- Kiel Canal connects North Sea and Baltic Sea.
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Source: PIB, The Hindu, Business Standard

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