

Alternative and Reliable healthcare Systems-

Remote patient monitoring could be ~~*~~ remove burden of both patient and hospitals.

Patients doesn't need to travel to hospitals, or re-admit often for small check ups. It reduce their

health expenses

Hospitals can concentrate more on important and emergency patients with adequate equipments.

Enhance patient outcomes-

It gives realtime monitoring output. Helps maintaining circadian Rhythm and metabolism cycle of patients.

Makes patient more informed and accountable.

Helps self caring of patients. So it's ideal for senior citizens living alone.

Recommendations :-

Remote patient monitoring system could be more effective with telemedicine system. This could be easily made available with portable accessories such as telehealth watch, digital jewellery with enhanced technology.

Government intervention needed to make overarching policy connecting Primary health system with RPM systems.