

systematic investments in school mental health allow for a creation of an environment focussed on well being & social capital. Explain.

The mental health crisis deteriorated across the world especially in schools due to the pandemic. As per WHO mental disorders contribute 15% of the disease burden.

### Systematic approach

Considering schools as a whole unit, where in teachers are at pressure due to the changed teaching-learning modes

Schools management be, it private or public must come forward to establish

mental healthcare facilities for teachers

and students. In Maharashtra, teachers

engaged themselves as covid protection

rejuvenating their motivation,

## Innovative reforms

The National mental health program must be enlarged and implemented on a larger scale for promotion of positive mental health.

The District mental health program can integrate at school level. Activities such as non-academic services between teachers and students, visiting monuments, placements, etc can reduce the stress and gain experience.

## Way forward

apart from physical investments, mental health counsellors can be recruited in schools for the well being of the students.