

## U P S C

Q.2

Government of India needs to frame a robust public policy to improve the governance in the domain of geriatric care. Expl. in (200 Words)

Introduction:

UN World population ageing report highlight that by ~~2050~~ 2050  
 Old age population will increase by 8%. But India's  
 transition from traditional to modern society raises many  
 concern.

Old age home:

There is a significant rise in old age homes. This is due to  
 rising number of nuclear family. Rural to urban migrate of youth  
 because of job being to elders unattended. Most of the old age  
 homes are paid by philanthropist, NBO, govt and some religious  
 mission.

Problems: They don't have standard operating procedure in regards  
 this old age home

- they failed to take care of even the basic health care of the elderly which may develop in to huge problem
- The motor skill of the brain reduces leading them to be less mobile, this result them isolated.
- Many of the buildings and public transport are neither diffcult abled friendly nor elder friendly.

All this culminate the old aged person to be  
 isolated from mobile society and develop mental stress

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Such as depression, Anxiety, and other forms of mental health issues which again affect their health. Thus a vicious cycle continues

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- (Way forward):
- (1) A social audit must be conducted to measure the standard of the old age homes and to raise the standard to follow
  - (2) Standard operating procedures to be established for the home to follow
  - (3) PM Vaya Vandana Yojana where free aid of is given for old age homes can be expanded and quality of this care
  - (4) Civil department and buildings must also city plans must ensure that the places are clean and equipped with facilities
  - (5) Constant social interaction of the elderly need to be ensured

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(Conclusion)

Just like children's who are dependent population who are the future of nation. Old age also dependent population and treasure of nation. They accumulated skills, knowledge, cultural knowledge along with experience which are of great value which should be preserved and protected by providing old age.