

4. natural farming is the best way to protect the ecosystem & obtain nutritional security in the country. Discuss.

After second wave of covid, the demand for safe, nutritious food to boost immunity has increased. There is also popular belief that food prepared in natural way was more nutritious than agrochemical based. With fertiliser subsidy burdening fiscal, there are innovative farming methods like regenerative farming, organic etc; commonly - Natural farming gaining importance., to protect nutritional security.

#### case studies - Natural farming

1. Satish Gaddi, on East Godavari district, -  
practiced cattle based natural farming in 30 acre land. Buffalo to increase soil fertility, buffalo is pegged in <sup>farm</sup> land, so that dung, urine will act as natural fertilizer are used. Also the rainwater are also easily absorbed, because of earthworms microbial activity. Reason for this is soil fertility.

Input he made is ₹ 7L and income taken was ₹ 30L.

2. Narayana Reddy of ~~abbbett~~ cloddaballapur, planted 1500 species of plants, shrubs, trees, poultry & cattle which are interdependent with each other. These people also <sup>th</sup> share <sup>their</sup> experiences in nature based farming.

### Implication

1. Region specific Natural farming can be a best option.

But India attained food security based on scientific approach, relying on unscientific hypothesis may be detrimental.

How natural farming can be best option?

Natural farming can be started in hilly & rainfed areas. India's total geographical area - 329 mn. acre. Of this 140mn acre ~~is~~ Net sown, of this 70mn acre rainfed.

Potential of Rain fed area - 90% of millets, 80% of pulses & oil seeds, 40% of population.

Here, Natural farming can be best option to protect ecosystem and as nutritional security.