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25/07/2018

India has made big strides in reducing population growth, but much more needs to be done to assure good reproductive health nationally. Discuss.

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India has made a progress in reducing its population growth by the following Measures.

- 1) Scheme for Home delivery of contraceptives by ASHAs at doorstep of beneficiaries.
- 2) Scheme for ASHAs to ensure Spacing in births
- 3) Dedicated Counsellors at high case load facilities for providing family planning counselling to clients.
- 4) Introduction of different types of contraceptives, pills and injectable contraceptives.
- 5) Pregnancy test is provided to ensure early registration of Pregnancy / Abortion Services.

Eventhough the Country has made a great progress in reducing its population growth the reproductive health declining.

The raising challenges of fertility issue can be controlled by following Measures

- 1) Providing education directly related to fertility. A educated women is more aware about her choices with respect to

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fertility.

- 2) Need to make awarness about contraceptives available in the Market.
- 3) Patriachal mindset needs to be changed so that women are not treated as Social Property.
- 4) Government Supported Institutional delivery are helpful in reducing fertility related disorder.
- 5) Health Care facilities should be strengthened in terms of Infrastructure, equipment and Manpower.
- 6) Focus on ASHA worker need to strengthen because these worker are having lack of knowledge.