

(Please do not write anything except the question number in this space)  
कृपया इस स्थान में प्रश्न संख्या के अतिरिक्त कुछ न लिखें।

# UPSC

Answer Questions in NOT MORE THAN the Word Limit specified for each in the Parenthesis.  
Content of the Question is more important than length.  
( Specimen Answer Booklet - For Practice Purpose Only)

उम्मीदवारों को इस हार्जिए में नहीं लिखना चाहिए  
Candidates must not write on this margin

The outcomes of National Family Health Surveys should be used to improve various social development indices. Explain.

Recently released National Family Health Survey - 5 (2020-21) (NFHS) indicates society moving in a right way with more positive results. Even then it is necessary to address some negative aspects such as health sectors.

social development indices:

\* NFHS - 5 came with positive aspect ~~such that~~ with increase in gender ratio (no. of females per 1000 male) to 1020 which exceeded 1000 for 1<sup>st</sup> time. Some states such as Punjab, Haryana etc still show less than 1000 which indicates <sup>use of</sup> sex selective methods. Government by law should ~~no~~ verify banning such practises.

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\* India has achieved total fertility rate to 2.0 from 2.2 in NFHS-4 (2015-16) which ensures arresting population explosion. Government policies such as family planning brought few decades back started showing +ve results.

\* More children in age group of less than 23 months have been vaccinated. Govt. must ensure easy accessibility of vaccines to all children through govt. hospitals.

\* child birth at institutions have been developed which indicates availability of Govt. hospitals to rural areas.

With these survey Government should ensure nutritional food to young India because many women (15-59 age) and men (20-59 age) have been anaemic. People should be advised to take healthy foods.