

GS-III (Security forces)

2) What are the potential consequences of the increasing prevalence of mental health issues with military personnel? Enumerate the steps taken by the govt of India to address the same (250 words)

mental health, while being a serious problem across the country, it substantially affects the people working in the critical sector, especially the military personnel.

Mental Health:

- * Important for every military personnel.
- * To lead a battalion in the war field.
- * It decides considerably the operational quality of the military, having many people in the military with this serious problem.
- * Due to the tightness of the work, it exacerbated.

Consequences

- * Affects the operational capability.
- * Decrease the efficiency of a person in the field.
- * Lead to increase in the suicides.
- * Also affects the country's military power.
- * Disables the military's intelligence in the field, which is crucial for a person.
- * Affects & Disables the unity in the regiment.
- * It leads to disintegrity & squashes between the soldiers.
- * Decrease the discipline & moral conduct of a soldier.

Govt Initiative:

Tele manag:

- * online mental Health guidelines

Postal:

- * Under the ministry of Family &

Health

- * affairs

Health

- * provides free & quality mental service to the needy.

National Helpline:

- * Free - National Helpline mental Health.

exclusively

for

- * 24x7

operational

in nature

Paid leave:

- * military is provided with

Paid leave

for

a month in every

6 months.

6 months.

- * Enables

them

a time

spending

days

with

their

family