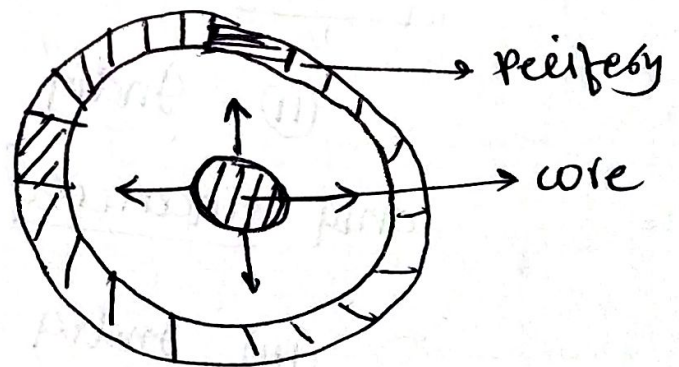


Indian health care system is highly centralised, with cosmoss of the country remain isolated from health care infrastructure. Remote patient monitoring system can solve the issue.

Remote patient monitoring (RPM) is the availability of health care monitoring through man-power or technology at the remote area of the country.

The diagram shows that from core areas like Nagpur,



Chennai, Delhi etc to cosmos cities called perifer → monitoring should be effective.

It can solve the problem

specially chronic health care which account 53% of global death in India such as cancer, Respiratory diseases, blood sugar and blood pressure etc.

These diseases can be handled at early stages but due to lack of availability of professionals [1400:1 \Rightarrow patient : doctor] the monitoring is nil.

effective monitoring can ensure

① Treatment at early stage and mitigate accumulated cost [out of pocket] and reduces chances of pandemic.

② patients awareness, responsibility and accountability can be enhanced through regular checkup and reports.

③ As dependency of patient like senior citizens, differently abled make them vulnerable monitoring is specially effective for them.

Government of India is taking steps in this regard like

① Digital health mission with National health profile will provide data linkage between → doctor — patient and government for monitoring.

② ASHA, ANM and Anganwadi workers does remote monitoring like

a) tracking pregnant mothers for girl child and institutional delivery through monitory benefits.

b) Tracking TB patient.

③ community participation in AIDS monitoring
Health monitoring is equally important

with health treatment which can enhance

development, reduce poverty and

achieve SDG targets.