

Q:- Discuss the issue of rise in suicidal deaths post the Covid induced lockdown.
Mention some steps taken by the Govt in this regard. Suggest
Some remedial measures. [150 words - 10m] Oct-21st 2021

A study titled "Analysis of news media report of suicides and attempting to suicide ^{in India}" by International journal of Mental Health system showed an increase of 67% in suicide in 2020 compared with 2019 during the lockdown.

⇒ In India under section 309 of Indian penal code suicide is a punishable crime and ^{one} who is rescued from suicide ~~may~~ may go for Jail for this crime.

⇒ Mental Health Care Act 2017 has passed by Govt in 2017. Under the Act section 115(2) says that the appropriate govt, is responsible, Take care of the committed person and provide a mental Healthcare by govt.

The Major Reasons for Suicides in India:-

(1) domestic violence:-

→ during the lockdown many families have strictly stick to home this leads a huge complaint of domestic violence. Consequently lead to suicides of women in the family mainly.

(ii) Failure in the Examination:-

→ The students who are failed in the examination either in Academic or competitive exam went under depresso and lead to commit suicide. This because of mainly lacking confidence and social aspects.

(iii) Mental Illness:-

→ due to not treating the mental illness patients well they feel insecurity among them lead to commit suicides

(iv) Suicide due to debt:-

→ many of them lost jobs and their income source due to pandemic situation. many of the people among society gone to debt. due to lost their jobs. This was one of the other reasons increasing in deaths post covid-19.

(v) Rapid growth of industrialization and urbanization leads to increase the socio-economic inequalities

measures to control suicides:-

- * suicides is a multifaceted aspect so the remedies to control the suicides also be in a multidimensional point
- ✓ commitment and coordination among people and society and strong leadership is need to initiate action plan which is cost-effective and which can penetrate more into the society.

- * Increasing the awareness in the society by conducting the awareness and motivational sessions;
- * yoga campaign. can also be reduce the mental illness.
- * regulating the ^{sale of} fertility of pesticides, ropes with higher, strict actions
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